



Assessment of attitude of young mother and their spouses towards family planning methods

■ Deepshikha Yadav

Department of Human Development and Family Studies, College of Home Science, Punjab Agricultural University and Technology, LUDHIANA (PUNJAB) INDIA
(Email: d.shikha24@gmail.com)

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ABSTRACT

The present study was conducted in slums areas of Ludhiana city. The purpose of the study was to assess the attitude of young mothers and their spouses regarding family planning methods. List of randomly selected 120 respondents (young mothers $n_1=60$ and their spouses $n_2=60$) were prepared for the assessment of knowledge and attitude of young mothers and their spouses on the aspect of family planning. The criteria was used to select the sample of families were : a) Young mothers (18-21 years) who have one or more children. b) Young mothers who were residing with their spouses. Standardised Family Planning and Birth Control Attitude Scale (2001) and Interview Schedule were administered. Mann Whitney U test were used for statistical analysis and it revealed that there is highly significant difference (2.70**) among attitude of young mothers and their spouses on the aspect of family planning.